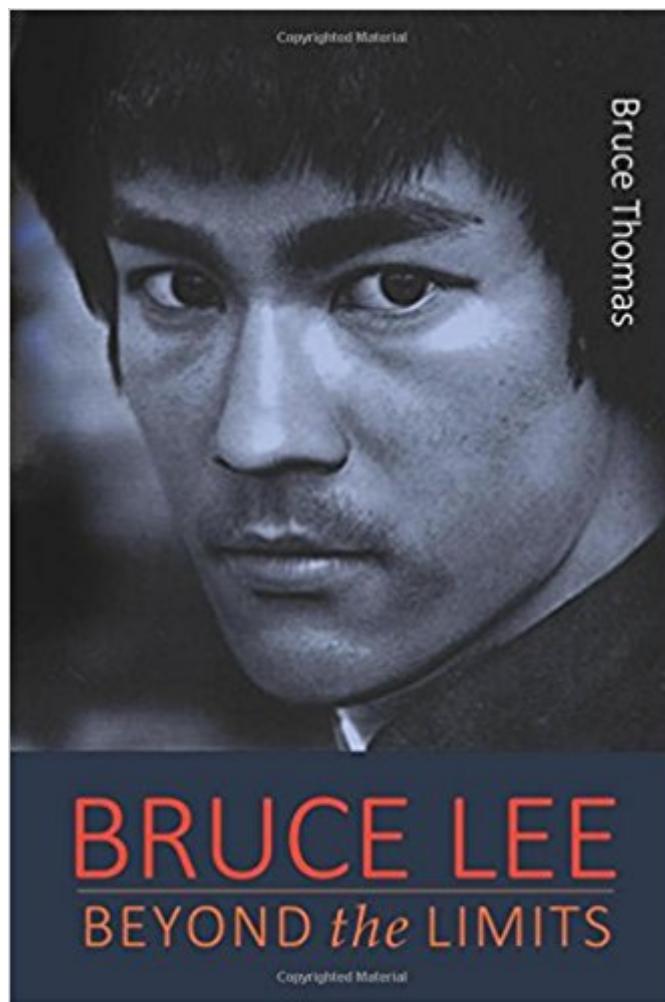


The book was found

# Bruce Lee: Beyond The Limits: ...his Teaching For Life



## Synopsis

Beyond the Limits uses Bruce Lee's own words to reveal that his ambitions were far greater than achieving fame and fortune as a movie star, or creating a revolutionary new fighting method. Behind everything he did was an understanding that can lead any of us to our fullest potential and greatest possibilities • and into what he himself called *the circle without limits*. Bruce Lee's art and teaching is an authentic *way* that embraces both Chinese wisdom and quantum physics • as well as being fifty years ahead of its time by foreseeing the discoveries of cutting-edge sciences like epigenetics and neuroplasticity. This book really does go far beyond the limits of anything that has ever been written about Bruce Lee's life and work. Full of new insight, it explains what motivated his whole life • and reveals his true legacy and greatness. You will see Bruce Lee in a whole new light.

## Book Information

Paperback: 206 pages

Publisher: CreateSpace Independent Publishing Platform (October 26, 2016)

Language: English

ISBN-10: 1515118800

ISBN-13: 978-1515118800

Product Dimensions: 6 x 0.5 x 9 inches

Shipping Weight: 11.2 ounces (View shipping rates and policies)

Average Customer Review: 4.2 out of 5 stars 3 customer reviews

Best Sellers Rank: #476,042 in Books (See Top 100 in Books) #70 in Books > Biographies & Memoirs > Sports & Outdoors > Boxing, Wrestling & MMA > Martial Arts #1052 in Books > Sports & Outdoors > Individual Sports > Martial Arts #1438 in Books > Biographies & Memoirs > Leaders & Notable People > Rich & Famous

## Customer Reviews

Bruce Thomas is also the author of the definitive, best-selling biography of Bruce Lee • *Fighting Spirit*. He trained in kung fu with the late master Derek Jones. Bruce Thomas is also the former bass player of the Attractions • which he has written about in his *memoirs* *Rough Notes*.

I didn't know much about Bruce Lee's personal life before reading this book. Keep in mind that this

is not a biography, Bruce Thomas has already written one: this is about Bruce Lee's teachings and the philosophies that propelled him. I found this a great place to start understanding Eastern philosophy in a very practical and understandable manner. Bruce Thomas gives enough of an overview with stories or examples that you can see how they are relevant to your own life, and it will probably inspire you to do more studying on your own. I came away from this saddened that Bruce Lee's life ended at such a young age as he had so much to share. This book whet my appetite to learn more, and you can't hope for more when you first open the cover of a new reading.

An interesting read and look into the mind of the philosophies of the man the world knew for his martial abilities. Bruce Lee was a thinker, which is likely what allowed him to achieve so much in his martial pursuits.

very good 5 stars

[Download to continue reading...](#)

Bruce Lee: Letters of the Dragon: An Anthology of Bruce Lee's Correspondence with Family, Friends, and Fans 1958-1973 (The Bruce Lee Library) Bruce Lee Striking Thoughts: Bruce Lee's Wisdom for Daily Living (Bruce Lee Library) Bruce Lee Jeet Kune Do: Bruce Lee's Commentaries on the Martial Way (Bruce Lee Library) Bruce Lee: Beyond the Limits: ...his teaching for life Bruce Lee: The Celebrated Life of the Golden Dragon (Bruce Lee Library) Bruce Lee: Artist of Life (Bruce Lee Library) Bruce Lee Letters of the Dragon: The Original 1958-1973 Correspondence (The Bruce Lee Library) Jeet Kune Do: Bruce Lee's Commentaries on the Martial Way (Bruce Lee Library) Bruce Lee: Improve Your Life with Lessons, Strategies & Tactics from a Visionary Ahead of His Time LEE CHILD: SERIES READING ORDER: MY READING CHECKLIST: JACK REACHER SERIES, JACK REACHER SHORT STORIES, HAROLD MIDDLETON SERIES, SHORT STORY COLLECTIONS BY LEE CHILD, LEE CHILD ANTHOLOGIES Hotel Bruce (Mother Bruce) Bruce Lee: The Celebrated Life of the Golden Dragon The Warrior Within: The Philosophies of Bruce Lee to Better Understand the World Around You and Achieve a Rewarding Life Artist of Life (Bruce Lee Library) Unsettled Matters: the Life and Death of Bruce Lee The Overload Syndrome: Learning to Live Within Your Limits: Learning to Live with Your Limits (Guidebook) Bruce Lee Abs Workout For A Six-Pack Stomach The Night My Mother Met Bruce Lee: Observations on Not Fitting In Wing Chun Warrior: The True Tales of Wing Chun Kung Fu Master Duncan Leung, Bruce Lee's Fighting Companion Who Was Bruce Lee?

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)